

## FACILITATOR PROFILE

# Alli Williamson



Alli Williamson is a registered Teacher and Coach with a Masters of Positive Psychology from the University of Melbourne. Alli has a background in health and fitness and works as a part of the Michelle McQuaid team as a Co-Founder of The Education Lab.

Alli is an experienced facilitator and coach with a 200+ hour client log who is passionate about supporting her clients to target their potential. Alli uses a strength based inquiry approach as she takes her clients on a journey of learning, living and playfully imbedding evidence based practices to support goal attainment.

Alli gets a true buzz out of supporting her clients to gain insight into themselves, enabling new ways of thinking, feeling and behaving to be explored, ultimately leading to new outcomes.

Alli loves working with caregiving individuals and organisations to improve their wellbeing thus enabling them to enhance the care they can continue to provide to others.

Alli's clients describe her as being a great listener with high emotional intelligence who has a wide range of tools and experience to offer.



*Alli's coaching guided me to discover hidden strengths, put my doubts behind me and allowed me to establish my own pathway to reach my goals. The confidence and emotional intelligence I developed were key factors in developing myself as a positive leader.*

COACHING CLIENT  
Position - Leader

 <https://www.linkedin.com/in/allison-williamson-547697b/>



### EDUCATION

Bachelor of Education  
(Health and Physical  
Education)

Masters of Positive  
Psychology

Bachelor of Human  
Movement



### EXPERIENCE

Extensive personal coaching combined with leadership, executive and senior executive experience, working in a variety of fields however specialising in athletes and educators

Experienced educator,  
coach, speaker &  
workshop facilitator



### ACCREDITATIONS

Results Coaching  
Certification

Level 1 Gymnastics Coach



### MEMBERSHIPS & LICENCES

PESA

ACHPER

IPPA

## SOME OF THE COMPANIES ALLI HAS HELPED

