Danielle Jacobs is a registered Psychologist, Coach, Co-Founder of The Wellbeing Lab, Co-Creator of The PERMAH Wellbeing Survey and habit specialist. Danielle is a passionate, knowledgeable and engaging facilitator who has a reputation for being a master at reading the room and quickly and effectively creating safe, fun and inspiring environments to help everyone learn, grow and thrive.

What gets Danielle up in the morning is a drive to leave everyone she comes into contact with, better than she found them. She views people, teams and organizations as “infinite sources of possibilities” rather than “problems to be fixed” and utilizes evidence-based organizational scholarship and positive psychology practices locally, nationally and internationally to help her clients better care for their wellbeing and improve their ability to achieve what matters most to them.

Danielle’s clients span a diverse range of industries and include organizations in the public, private and not-for-profit sectors, as well as coaching clients and workshop participants from stay at home mums to CEOs and boards. Committed to helping people show up authentically, Danielle unlocks people’s potential and performance by improving their capability, confidence and motivation, their levels of hope, self-efficacy, resilience and optimism – or what researchers describe as ‘psychological capital’.

https://www.linkedin.com/in/danielle-jacobs-58897326/