

FACILITATOR PROFILE

Danielle Jacobs



Danielle Jacobs is a registered Psychologist, Coach, Co-Founder of The Wellbeing Lab, Co-Creator of The PERMAH Wellbeing Survey and habit specialist. Danielle is a passionate, knowledgeable and engaging facilitator who has a reputation for being a master at reading the room and quickly and effectively creating safe, fun and inspiring environments to help everyone learn, grow and thrive.

What gets Danielle up in the morning is a drive to leave everyone she comes into contact with, better than she found them. She views people, teams and organizations as “infinite sources of possibilities” rather than “problems to be fixed” and utilizes evidence-based organizational scholarship and positive psychology practices locally, nationally and internationally to help her clients better care for their wellbeing and improve their ability to achieve what matters most to them.

Danielle’s clients span a diverse range of industries and include organizations in the public, private and not-for-profit sectors, as well as coaching clients and workshop participants from stay at home mums to CEOs and boards. Committed to helping people show up authentically, Danielle unlocks people’s potential and performance by improving their capability, confidence and motivation, their levels of hope, self-efficacy, resilience and optimism – or what researchers describe as ‘psychological capital’.



Danielle is highly engaging, has a passion for making a difference, and is an astute observer of team dynamics. This all comes with a strong foundation in evidence based practice that delivers measurable outcomes.

CEO

Essential Services
Commission

 <https://www.linkedin.com/in/danielle-jacobs-58897326/>



EDUCATION

Bachelor of Science
(Psychology &
Physiology)

Post Graduate
Diploma of Psychology

Diploma of Management

Clinical Hypnotherapy for
Professionals

Certificate of Positive
Change



EXPERIENCE

Extensive combined
leadership, executive and
senior executive
experience, working in a
variety of fields (medium to
large businesses/not for
profits, private and
government organisations),
on high profile and
innovative projects.

Experienced psychologist,
coach, speaker and
workshop facilitator



ACCREDITATIONS

Tiny Habits Coach

MSCEIT

EQi2.0 and EQi360

Pearman Personality
Integrator



MEMBERSHIPS & LICENCES

Victorian Institute
Psychology Registration
Board of Australia

Australian Psychological
Society – College of
Organisational
Psychologists

International Positive
Psychology Association

SOME OF THE COMPANIES DANIELLE HAS HELPED



DRAKE
INTERNATIONAL



MECCA



The
CEO
INSTITUTE
A meeting of minds

LIFE
WITHOUT
BARRIERS

CareSuper

ventia

healius

IPA
INSTITUTE OF
PUBLIC
AFFAIRS

THEWELLBEINGLAB