

FACILITATOR PROFILE

Kathy Snyder



Dedicated to improving wellbeing, Kathy Snyder serves as the Midland Area Wellbeing Coalition Coordinator in cooperation with the Midland Community Success Panel. In addition to over 25 years of experience in education, she holds master's degrees in both counseling and applied positive psychology.

Kathy is one of the co-creators of the Certificate In Creating Wellbeing, a course recently conducted in Midland with over 50 participants. She is assisting these change agents in their process of completing 30 impact projects across the area, in addition to coordinating other wellbeing programs, trainings, and initiatives.

Kathy is also certified in Creating Positive Change, Bounce Back Better Resilience, Flourishing Skills Group, Inclusion and Diversity, and Coaching and is trained in Design Thinking and Appreciative Inquiry.



The work we have done with Kathy is by far at the top of the list for long lasting impact. Kathy's style is hands-on, interactive, and impactful professional development that has left our staff asking for more.

MIDLAND COUNTRY
EDUCATIONAL SERVICE AGENCY

 <https://www.linkedin.com/in/kathy-snyder-5567b0b/>



EDUCATION

BA Psychology,
University of Michigan

Secondary Teaching
Certification, University
of Michigan

MA Counseling, Central
Michigan University

MAPP, University
of Pennsylvania



EXPERIENCE

27 years teaching, IB/
AP psychology, advanced
psychology, sociology,
economics, U.S.
History, Humanities

Co-created with The
Wellbeing Lab the
Certificate In Applied
Positive Psychology
& The Certificate In
Creating Wellbeing.



ACCREDITATIONS

Certificate of Applied
Positive Psychology, The
Flourishing Center
Certificate In Creating Positive
Change, The Change Lab
Certificate in Diversity and
Inclusion, Cornell University
Certificate in Life
Coaching, UCI
Certificate in Solution-
Focused Coaching, UCI
Certificate in Transformational
Coaching, UCI
Certificate in Positive
Psychology Coaching, UCI
Discover You Coaching
Certification



MEMBERSHIPS & LICENCES

International Positive
Psychology Association

MAPP Alumni Association
(Board member)

The ROCK Center for
Youth Development
(Board member)

National Wellness Institute

American Psychological
Association

SOME OF THE COMPANIES KATHY HAS HELPED

